



## Job Description

<b>Job Title</b>	Student Wellbeing Intervention Practitioner
<b>School/Service/Institute</b>	Student and Academic Services
<b>Normal Workbase</b>	Stoke
<b>Tenure</b>	Permanent
<b>Grade/Salary</b>	Grade 6
<b>FTE/Hours</b>	0.6 FTE

### Job Purpose

This role sits within Student Wellbeing and Safeguarding, a team of forward-thinking professionals who are flexible, dynamic and continue to evolve service delivery working towards our holistic vision of student wellbeing.

As a member of a multidisciplinary team offering support to students experiencing mental health, psychological and wellbeing difficulties. You will provide a wide range of approaches and interventions including assessment, advice and information, cognitive-behaviour therapy and other psychological interventions, health promotion and illness prevention services. You will also be expected to assess students' needs in line with current legislation and assist the university to embrace its responsibilities with regard to reasonable adjustments for students with mental health difficulties. Liaison with university and external staff (e.g. health, mental health and other statutory or voluntary sector agencies) will also be required to ensure excellent support for students with acute mental health and/or wellbeing needs.

You will make, build and maintain effective links with external NHS and voluntary sector mental health services to support both your own referral of students and referrals by other practitioners in the team.

You will have professional experience as a practitioner in the field of mental health practice (in a nursing, social services, youth work, HE/FE or similar setting), including providing short-term focused individual therapeutic interventions and working with individuals with acute mental illness, diagnosed long-term mental health conditions, and issues common to the client group of students.

You will provide specialist mental health support, to meet the wellbeing needs of Staffordshire University students. This may involve face to face delivery, remote services and digital/online.

Provision may include:

- Lead on Student Wellbeing Triage
- Signpost students to services and resources, including other university support services, 3<sup>rd</sup> sector and NHS services

- Assist you to liaise with specialist agencies
- Support you during and after hospital admission/ break from studies
- Provide tips on self-care, online resources and lifestyle advice
- Talk through difficulties and identify possible coping strategies
- Case management and co-ordination
- Advising on the provision of reasonable adjustments and supporting students in accord with the requirements of current legislative frameworks (e.g Equality Act 2010)
- Provision of support to students in crisis/at risk of suicide or self-harm.

The role will incorporate a range of casework, care-planning, risk assessment, evidence-based interventions and opportunities to develop an effective network.

You will be able to maintain clear therapeutic boundaries and confidentiality, balanced with a need to share appropriate information for the effective management of clinical risk across the institution. Your commitment to adhering to professional and ethical principles and guidelines will be coupled with a flexible approach to adopting new ways of working and learning new skills.

### Relationships

Reporting to:	Head of Student Support and Wellbeing
Responsible for:	No line management responsibility
Key working relationships:	Colleagues throughout the University, NHS partners, the Students' Union and social care

### Main Activities

- To contribute to the delivery of the Wellbeing service by receiving and responding to referrals directly from students and from the wider university community where there is a concern regarding student wellbeing.
- To support in the provision of a triage service, a standardised mental health assessment to all students referred to the service and to collaboratively determine the most appropriate intervention, including whether an urgent response is required and what further support would best be offered.
- To utilise a 'single session therapy' mindset when supporting students, via therapeutic listening, advice, information and support for students, while managing the risks to self and others, including when there may be no other mental health professional support available.
- To maintain accurate contemporaneous electronic records regarding all activities for all service users in accordance with University policies and guidance from professional bodies, including clinical assessment with clear identification of

problems and plan of care.

- To support the embedding of policies and practices within Student Wellbeing and Safeguarding to deliver a continually forward thinking and dynamic service.
- To maintain accurate and up to date records and provide regular reports, including evaluation of impact and effectiveness of service to inform a continuous cycle of review and development.
- Caseload management will be overseen during case meetings with the Manager and appropriate team members to ensure effective management and boundary setting so that the service can continue to meet demand and work towards APPTS accreditation.
- To actively participate in regular clinical supervision in order to ensure competence, fitness to practice and to comply with professional standard requirements for continued accreditation. Additionally, participating in the Universities and professional bodies Continuing Personal Development opportunities to ensure increased knowledge base, self-awareness and enhanced clinical skills and to provide supervision/mentorship to nursing students, if required.
- Each team member will have a project area, which may include one of the following: Student Wellbeing social media contribution, leading on Student Wellbeing campaigns and supporting Student Support and Wellbeing events and campaigns, updating and evolving Student Wellbeing webpages, contributing to Student Wellbeing CRM system development input, etc.
- To use excellent and proactive communication skills to work in collaboration with University departments, and Academic Schools to embed an effective, flexible and proportionate response to student mental wellbeing and safeguarding concerns with a core focus on addressing potential barriers to University achievement.
- To ensure accurate, up to date record keeping and the processing, storage and sharing of student data in accordance with agreed confidentiality and data protection policies and procedures.
- To support the development and implementation on a day-to-day basis of the critical incident response procedures to intervene with students with wellbeing and mental health difficulties demonstrating a calm, authoritative and decisive approach.
- To provide clinical support to students as required, including group sessions; 1 to many support and peer to peer support programmes and support for students who may have additional support needs. This may be delivered face to face, via Teams on digital platforms, via phone, text or email.

- To use outstanding and proactive communication skills to work in collaboration with University departments, and Academic Schools to embed an effective, responsive, flexible and proportionate response to student mental wellbeing with a core focus on addressing potential barriers to University achievement.
- To deliver a responsive 'stepped' system to ensure students at risk are identified and proportionate action planning completed to support student wellbeing.
- To support the development and implement on a day-to-day basis of the critical incident response procedures to intervene with students with mental health difficulties demonstrating a calm, authoritative and decisive approach.
- To have due regard to the University's safeguarding, Prevent and health and safety duties.
- To undertake other such responsibilities as may reasonably be required
- To undertake appropriate professional development and mandatory training activities as identified or required (See Professional Development section).
- The role holder is required to minimise environmental impact in the performance of their role and to actively contribute to the delivery of the University's Environmental Sustainability Policy

### **Special Conditions**

The postholder will be required to travel to all university campuses and represent the University in the UK and Overseas as required.

There will be a need for the postholder to work occasional weekends to cover marketing and recruitment activities.

### **Professional Development**

The University will support and encourage the postholder to engage in continuous professional development activities through the YOURCareer@Staffs framework. This framework supports postholders to identify appropriate development opportunities. Continuing Professional Development (CPD) activity will be recognised by a bi-annual Performance and Development Review (PDR) discussion.

### **Variation to Job Description**

The University reserves the right to vary the duties and responsibilities of its employees within the general conditions of the Scheme of pay and conditions and employment related matters. Thus, it must be appreciated that the duties and responsibilities outlined above may be altered as the changing needs of the service may require.

### **Conditions of Service**

The postholder will be employed by Staffordshire University Services Limited. Staffordshire University Services Limited is a wholly owned subsidiary company of Staffordshire University which recruits and provides both academic and professional support staff to the University. You will be subject to Staffordshire University's policies and procedures and will be eligible to participate in the Staffordshire University Pension Scheme.

### **Application Procedure**

We encourage applicants to apply on-line at our website <http://jobs.staffs.ac.uk> as the system is user friendly and simple to complete.

We ask that all applicants ensure that they have provided comprehensive information under each criterion in the Supporting Statements section of the application form and, if necessary, add any relevant additional information in the Additional Information Section. The University will use anonymous application forms for this role; however, we recognise that applicants may want to include additional information. If you choose to upload any supporting documents that contain identifiable data, your application will no longer be considered anonymous.